

## GUIDELINES FOR PREVENTING TRANSMISSION OF INFECTIONS

Network Staffing Resources, Inc. mandates the application of universal blood and body fluid/substance precautions for all patients as recommended by the American Hospital Association and the Centers for Disease Control. These guidelines are implemented in order to protect employees, physicians and patients from the transmission of infections and is inclusive of protection against the transmission of human immunodeficiency virus (HIV) in health care settings. Precautions must be strictly followed whenever there is a possibility of exposure to blood or other body fluids/substances. Health care workers need to exercise judgement in making decisions about anticipating exposure and when to use appropriate barrier precautions. Further, these guidelines do not negate the need for currently used isolation procedures, but rather emphasize universal blood and body fluids/substance precautions for ALL patients regardless of their isolation status or diagnosis.

### INFECTION CONTROL PRECAUTIONS

1. Handle blood and body fluid/substances of ALL patients as potentially infectious.
2. Wash hands before and after all patient or specimen contact.
3. Wear gloves when contact with blood or body fluid/substances is anticipated; and remove gloves after each individual task.
4. Wear a gown or disposable plastic apron when splashing with blood or body fluid is anticipated.
5. Wear a mask for protection against airborne transmitted diseases. (HIV is not airborne.)
6. Wear protective eyewear and mask if facial splatter with blood or body fluid is anticipated.
7. Put used syringes immediately in a nearby puncture resistant container; generally, the needles should not be recapped or manipulated in any way.
8. Process ALL laboratory specimens as potentially infectious.
9. Place any equipment needed for emergency resuscitation, e.g., Ambu bags and/or mouthpieces, in areas in which the need for resuscitation is predictable.

### EMPLOYEE HEALTH ISSUES

1. Wash your hands, arms, face, etc., immediately and thoroughly if you have had unprotected contact with body substances.
2. Protect your non-intact skin (e.g., chapped, abraded or afflicted with dermatitis) from contact with body substances.
3. Contact your supervisor when you have had an exposure to blood or body fluid/substances such as a needle stick or a splash of blood onto non-intact skin or mucous membranes.

I have read the above guidelines.

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Signature

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Date